

# Fresno County Breastfeeding Resource List 2020

This breastfeeding resource list includes community resources that offer breastfeeding support during the coronavirus (COVID-19) response period. Please contact each individual agency for specific questions regarding their services as resources are constantly changing.

## Guidance from the World Health Organization

Women with COVID-19 can breastfeed, if they wish to do so. They should:

- ⇒ Practice respiratory hygiene during feeding and wear a mask
- ⇒ Wash hands before and after touching baby
- ⇒ Routinely clean and disinfect surfaces they have touched



## Helpful Websites

World Health Organization (WHO): [www.who.int/](http://www.who.int/)  
Centers for Disease Control and Prevention (CDC): [www.cdc.gov](http://www.cdc.gov)

## Women, Infants and Children (WIC)

### Clinica Sierra Vista, WIC

Contact: Melissa Robles, DN, IBCLC

Phone: 559-457-5828

Services: All WIC and breastfeeding support services are provided by phone. For a breast pump, participants must enroll by phone prior to pick up.\*

Website: [www.clinicasieravista.org](http://www.clinicasieravista.org)

### Fresno EOC, WIC

Contact: Julie Casillas, RD, IBCLC

Phone: 559-263-1162, Mon-Fri 8:30am—7pm and Sat 10am—2pm

Services: All WIC and breastfeeding services are provided by phone. Video calls are an option for breastfeeding support. For a breast pump, participants must enroll by phone prior to pick up.\*

Website: [www.fresnoeoc.org](http://www.fresnoeoc.org)

Facebook: Breastfeeding Momma's Group  
[www.facebook.com/groups/FresnoEOCWICbf](https://www.facebook.com/groups/FresnoEOCWICbf)

### United Health Centers, WIC

Contact: Kathleen Harriss, RD, IBCLC

Phone: 559-638-3948

Services: All WIC and breastfeeding support services are provided by phone. For a breast pump, participants must enroll by phone prior to pick up.\*

Website: [www.unitedhealthcenters.org](http://www.unitedhealthcenters.org)

\*Breast pumps are available for WIC participants only

## Breastfeeding Support Groups

### La Leche League

Phone: 559-426-5553

Services: All in-person meetings have been canceled until further notice. Group and peer support are available via video calls.

Contact La Leche League for more information.

Website: [www.lllfresno.org](http://www.lllfresno.org)

Email: [llloffresno@gmail.com](mailto:llloffresno@gmail.com)

Facebook: [www.facebook.com/La-Leche-League-of-Fresno-268532926524698/](https://www.facebook.com/La-Leche-League-of-Fresno-268532926524698/)



### Saint Agnes Medical Center, The Plaza - Mom-to-Mom Group

1111 E. Spruce Avenue, Fresno, CA

Phone: 559-450-5210 Contact: Cathryn Herrin, RN, IBCLC

Services: Support group is put on hold until further notice

Website: [www.samc.com](http://www.samc.com)

## Hospitals with Lactation on Site

### Adventist Health - Reedley

372 W. Cypress Avenue, Reedley, CA

Phone: 559-391-3985

Contact: Robin Heyde-McCoy, RN, IBCLC / Noreen Siebenaler, RN, IBCLC

Services: In-person scheduled appointments and phone counseling services are available. Clients are encouraged to call by phone to schedule an appointment.

Website: [www.adventisthealth.org/reedley](http://www.adventisthealth.org/reedley)



### Kaiser Permanente Hospital - MILC Lactation Clinic (Mon, Wed, Fri)

4785 N. First St., 3<sup>rd</sup> floor, Fresno, CA

Phone: 559-448-5881 Contact: Vicki Avakian, RN, IBCLC

Services: Lactation clinic is open by appointment. If coming in for in-service, mom and 1 support person allowed, however clients are encouraged to schedule appointments via phone. All prenatal, breastfeeding, and group visits are suspended at this time.

Website: [www.kp.org](http://www.kp.org)

### Community Regional Medical Center - Mother's Resource Center

2210 E. Illinois Avenue, St. 103, Fresno, CA

Phone: 559-459-6288 Contact: Suzanne Stipe, IBCLC

Services: In-person, voice and video calls are available. If coming for an in-person appointment, clients will be screened. No other children allowed except mom and 1 support person. Breastfeeding ABC classes are available and limited to a small group.

Website: [www.communitymedical.org](http://www.communitymedical.org)

### Saint Agnes Medical Center - Lactation Support Services

1303 E. Herndon Avenue, Fresno, CA

Phone: 559-450-5210 Contact: Cathy Seeto, RN, IBCLC

Services: Lactation support is available by phone and by video counseling. Secure conversation via lactation telehealth is provided. One-on-one breastfeeding counseling, Bundle of Joy classes and Stork Tours are suspended at this time.

Website: [www.samc.com](http://www.samc.com)

Last updated: 4/9/2020

Please refer to the Babies First webpage for the most updated information:  
[www.co.fresno.ca.us/departments/public-health/babies-first](http://www.co.fresno.ca.us/departments/public-health/babies-first)

Regional Breastfeeding Liaison, WIC Program  
[suon@unitedhealthcenters.org](mailto:suon@unitedhealthcenters.org) 559-801-2350

